



**Clarkston  
Medical**

## **Clarkston Medical Chaperone Policy**

This Policy is designed to protect both patients and staff from abuse or allegations of abuse, and to assist patients in making an informed choice about their examinations and consultations.

### **Guidelines**

Clinicians (male and female) will consider whether an intimate or personal examination of the patient (either male or female) is justified, or whether the nature of the consultation poses a risk of misunderstanding.

- The Clinician will give the patient a clear explanation of what the examination will involve.
- They will always adopt a professional and considerate manner and be careful with humour as a way of relaxing a nervous situation, as it can easily be misinterpreted.
- The patient will always be provided with adequate privacy to undress and dress.

The above guidelines are to remove the potential for misunderstanding. However, there will still be times when either the Clinician, or the patient, feels uncomfortable, and it would then be appropriate to consider using a Chaperone.

Patients who request a Chaperone will never be examined without a Chaperone being present. If necessary, where a Chaperone is not available, the consultation/examination will be rearranged for a mutually convenient time when a Chaperone can be present.

Complaints and claims have not been limited to doctors treating/examining patients of the opposite gender – there are many examples of alleged assault by female and male doctors on people of the same gender.

Consideration will always be given by staff to the possibility of a malicious accusation by a patient, and a Chaperone organised if there is any potential for this.



There may be occasions when a Chaperone is needed for a home visit in which case the following procedure will be followed.

### **Who can act as a Chaperone?**

A variety of people can act as a Chaperone in the practice, but staff undertaking a formal Chaperone role will have been trained in the competencies required. Where possible, Chaperones will be clinical staff familiar with procedural aspects of personal examination.

### **Confidentiality**

- The Chaperone will only be present for the examination itself, with most of the discussion with the patient taking place while the Chaperone is not present.
- Patients are reassured that all Practice staff understand their responsibility not to divulge confidential information.

### **Procedure**

- The Clinician will contact the team to request a Chaperone.
- Where no Chaperone is available, a Clinician may offer to delay the examination to a date when one will be available, if the delay would not have an adverse effect on the patient's health.
- If a Clinician wishes to conduct an examination with a Chaperone present but the patient does not agree to this, the Clinician will explain clearly why they want a Chaperone to be present. The Clinician may choose to consider referring the patient to a colleague who would be willing to examine them without a Chaperone, if the delay would not have an adverse effect on the patient's health.
- The Clinician will record in the notes that the Chaperone is present and identify the Chaperone.
- The Chaperone will enter the room discreetly and remain in the room until the Clinician has finished the examination.
- A clinical Chaperone will attend inside the curtain/screened-off area at the head of the examination couch and observe the procedure.
- To prevent embarrassment, the Chaperone will not enter into conversation with the patient or GP unless requested to do so or make any mention of the consultation afterwards.
- The patient can refuse a Chaperone, and if so, this **must** be recorded in the patient's medical record.